**Ken Humphris**

After a career in manufacturing industry, moving to Kirkby Lonsdale on retirement in 2001 meant more time to indulge my life-long hobbies of walking and cycling in the Dales and Lakes. My wife and I became Dales Volunteers almost as soon as we arrived, and still very much enjoy these activities. I was on the committee of Kirkby Lonsdale Civic Society for many years, and Chairman for 10 of them, which gave experience of planning matters, Conservation Area designation etc. as well as sparking an interest in vernacular architecture and local history. Two stints on the Parish Council provided further insights into how rural communities function (!) as did 10+ years as Chairman of Trustees for our village hall. Researching and leading guided walks for YDNPA, and Kendal U3A is a particular pleasure.